

What exactly is **The CARE Course** ?

The CARE Course is a two day interprofessional learning experience delivered in your local facility with your nurses, physicians and pre-hospital providers. The course focuses on comprehensive rural emergency care including airway management, trauma care, cardiac care, emergency obstetrics, paediatrics and neonatal care.



The course is entirely practical. There are no didactic sessions. Over the two days, ~24 participants rotate through 32 hands-on learning stations equally divided between skill stations and high-fidelity scenarios.

The skill stations focus on practical critical procedures. The cases are based on real patients, just like the ones you see and treat in your rural facility. Feedback will be provided to each participant, but there is no formal testing as there is good evidence that the pressure of any type of test at the end of a course inhibits the learning process. (*Read that again... ****NO TEST**** :)*)

The objectives of the course:

At the end of the course, participants will demonstrate, in the context of rural emergency care:

- early recognition of the critically ill patient
- effective initial and definitive airway management
- judicious / timely use of critical interventions / procedures
- appropriate use of ongoing assessment, monitoring and investigations
- practical preparation and facilitation of safe, timely transfer of patients
- appropriate clinical judgement and decision-making
- effective communication and teamwork in the multidisciplinary setting
- effective techniques for managing the challenges of emergency care in the rural setting

These objectives are achieved throughout the course in a fun, supportive, practical learning environment. Access to pre-course material is provided through the website: www.theCAREcourse.ca For physicians, this Group Learning program has been certified by the College of Family Physicians of Canada for up to 51 Mainpro+ credits. Nurses can submit 17 credits as part of their annual CPD. Pre-hospital providers receive 14 (pre-approved) EMALB credits.

The CARE Course is taught by a diverse faculty of rural generalists – nurses, physicians and pre-hospital providers, usually 6-7 for each course. An administrative assistant also comes to the community to assist with the course delivery.

The CARE Course has been 'hand-crafted' by and for rural healthcare providers. Its primary goal is to improve the experience of rural emergency care. By supporting providers, **The CARE Course** aims to improve confidence, competence and actuation, improve timely access to resources and nurture teams of positive, aspiring rural emergency care providers in each community.

